



Karren E. Kowalski, PhD, RN, FAAN

Karren graduated from Indiana University with a BSN in 1965. She worked as a staff nurse in labor and delivery, then joined the Army. She served in a MASH hospital in Vietnam and then at Landstuhl General Hospital in Germany. She arrived in Colorado in 1969 and began work at Colorado General Hospital.

She went back to school at CU for a master's degree and later accepted the position of director of Maternal Child Services at PSL. She was also Assistant Vice President of Rush PSL in Chicago and Administrator of The Women's and Children's Hospital.

Karren has been an active member of CNA since 1971 and was President in 1977 and 1978. In 1981, Karren was inducted as a Fellow in the American Academy of Nursing, and is currently serving on the BOD.

Dr. Kowalski has written more than 50 articles for referred journals as well as 3 textbooks on Women's Health Care. She established her own consulting firm several years ago in health care, administration, and Women's and Children's Care.